

PHYSICAL EDUCATION (PE) POLICY

90 Everlasting Boulevard, Cranbourne West VIC 3977 Tel: 03 8766 4000

Email: barton.ps@education.vic.gov.au www.bartonps.vic.edu.au

Be Safe

Be a Learner

Be Respectful

Be Kind



Help for non-English speakers - If you need help to understand the information in this policy, please contact Administration at Ph. 8766 4000

PURPOSE

The purpose of the Physical Education (PE) policy at Barton Primary School is to provide a framework for the delivery of high-quality PE programs that meet the achievement standards of the Victorian Curriculum. The policy aims to equip students with the necessary knowledge, skills, and attitudes to lead a healthy and active lifestyle. It provides guidance on the curriculum, assessment, facilities, and teaching excellence required to deliver effective PE programs. By implementing this policy, Barton Primary School aims to promote student engagement and participation in PE, encourage physical activity, and support the development of lifelong healthy habits. The policy also ensures that the school provides equitable access to sporting resources and facilities and promotes a safe and inclusive learning environment for all students.

SCOPE

This policy is for Barton Primary School, specifically for its teachers, students, and other stakeholders involved in the delivery and implementation of Physical Education programs at the school. The policy outlines the expectations and requirements for the provision of high-quality PE programs that meet the achievement standards of the Victorian Curriculum, and is intended to guide all those involved in the delivery of PE programs at Barton Primary School.

POLICY

INTRODUCTION:

Physical Education (PE) plays a vital role in the holistic development of children, providing them with the necessary knowledge, skills, and attitudes to lead a healthy and active lifestyle. Barton Primary School recognizes the importance of physical education in the growth and development of its students and has formulated a policy that aims to provide students with access to high-quality PE programs and resources that meet the achievement standards of the Victorian Curriculum.

GOALS:

The goals of the PE policy at Barton Primary School are:

- 1. To equip students with the knowledge and skills necessary to lead a healthy and active lifestyle.
- 2. To provide students with access to high-quality PE programs that meet the achievement standards of the Victorian Curriculum.
- 3. To provide students with access to a range of sporting resources and facilities, including the gymnasium, football and soccer field, outdoor multipurpose basketball court, and other sporting equipment.
- 4. To promote teaching excellence in PE, ensuring that all students receive the best possible education in this subject.



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CURRICULUM:

The PE curriculum at Barton Primary School will be designed to meet the achievement standards of the Victorian Curriculum. This curriculum will cover a range of topics, including:

- 1. Fundamental movement skills such as running, jumping, catching, throwing, and kicking.
- 2. Movement and physical activity, including the benefits of physical activity, safe and responsible physical activity, and physical activity in different contexts.
- 3. Health-related fitness, including the components of fitness, fitness testing, and developing a personal fitness plan.
- 4. Game sense, including rules, tactics, strategies, and skills associated with different sports and games.

ASSESSMENT:

Assessment in PE will be ongoing and will include both formative and summative assessments. Formative assessments will be used to inform teaching and learning, while summative assessments will be used to determine student achievement and progress. The assessment tasks will be aligned with the achievement standards of the Victorian Curriculum and will include both practical and theoretical components.

FACILITIES:

Barton Primary School will provide students with access to a range of sporting facilities and resources, including the gymnasium, football and soccer field, outdoor multipurpose basketball court, and other sporting equipment. These facilities will be maintained and regularly checked to ensure that they are safe and accessible for students to use.

TEACHING AND LEARNING

The PE teachers at Barton Primary School will be qualified and experienced professionals who are committed to providing students with the best possible education in this subject. Teachers will be encouraged to participate in ongoing professional development to keep their skills and knowledge up to date. The school will provide teachers with access to resources and support to help them deliver high-quality PE programs.





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YEARLY OVERVIEW

	TERM 1 UNITS	TERM 2 UNITS	TERM 3 UNITS	TERM 4 UNITS
PREP	*Introduction to PE *Locomotion skills/Minor games	Foundation: *Rolling and trapping *Catching (FMS) and underarm throwing	Foundation: *Gymnastics/Dance/ Skipping *Kicking (FMS) Skipping	Foundation: *Dodging *Minor Games- revisit all FMS and locomotion
GRADES 1-2	Year 1 and 2: *Ready to learn *Locomotion skills and FMS Revision from prep *Overhand throw/ (catch – focus)	Year 1-2: *Ball bounce *Two hand side strike T-Ball / hockey (yr 2's focus on minor games) yr 1 stations	Year 1-2: *Gymnastics/Dance/ Skipping *Modified forehand – racquet games	Year 1-2: *Punt *Minor Games- Cricket, dodgeball, tag games
GRADES 3-4	Year 3-4: *Ready to Learn *Athletics/Cross Country	Year 3-4: *AFL *Basketball	Year 3-4: *Gymnastics / skip / dance *Volleyball	Year 3-4: * Minor games *Golf / hockey
GRADES 5-6	Year 5-6: *Ready to Learn *Athletics / Cross Country	Year 5-6: *AFL modified games Soft Crosse	Year 5-6: *Gymnastics / skipping *Invasion soccer	Year 5-6: *SEPEP Hockey *Dodgeball mod games

COMMUNICATION

This policy will be communicated to our school community in the following ways:

- Available publicly on our school's website
- Included in staff induction processes and staff training
- Included in staff handbook/manual
- Included in transition and enrolment packs
- Discussed at parent information sessions and school tours
- Hard copy available from school administration upon request

FURTHER INFORMATION AND RESOURCES

https://victoriancurriculum.vcaa.yic.edu.au/health-and-physical-education/introduction/rationale-and-aims

POLICY REVIEW AND APPROVAL

Policy last reviewed	07/08/2023
Approved by	Principal
Next scheduled review date	07/08/2026